

 **CRISIS COUNSELING LINE**  
**1-800-753-6879**

Kū Makani, *The Hawai'i Resiliency Project*, provides a free and anonymous crisis counseling line for Hawai'i Island, Kaua'i, Maui County, and O'ahu.



■ This Hawai'i initiative works to support individuals and communities who have been impacted by COVID-19. We provide trained crisis counselors to support members of our community.

Crisis counselors are here for you. We provide a judgement-free space to help you through these difficult times, as well as pursue opportunities for coping and wellness. Our staff are here to support you.



■ Trained crisis counselors are familiar with local resources and we'll work with you to identify Maui County agencies and opportunities that may be helpful to meeting both needs and goals toward betterment.

■ Maui has been hit hard by COVID-19 and Kū Makani is helping to provide free and anonymous crisis counseling to individuals who have been effected. Whether you or your `ohana have been severely impacted or have simply struggled to adjust to life in this pandemic, we're here to help connect you to resources. We also offer group/individual counseling sessions via zoom.

